



TRAUMA PAIN SUPPORT LTD.

Staff Onboarding Guide

Who Is TPS For?

TPS programmes are appropriate for patients who:

- Have experienced trauma following a road traffic accident (RTA)
- Are dealing with persistent musculoskeletal pain, emotional shutdown, or trauma-related symptoms
- Are being seen by Pain Management, Physiotherapy, MSK, Outpatient Rehab, or similar clinical and recovery teams.
- Would benefit from structured, self-guided support for emotional and pain recovery

When to Offer TPS

Alongside treatment: TPS can be introduced early, especially where pain symptoms persist beyond expected recovery

- After discharge: TPS supports continued recovery beyond physio or rehab timelines
- Where clinical capacity is limited: TPS provides guided psychoeducation for patients on waiting lists or in between sessions

How to Offer TPS

1. Assign the appropriate programme:

- **Stage 1:** Foundations of Recovery

- **Stage 2:** Advanced Recovery

- **Specialist Module:** Depression & PTSD Following an RTA

2. Email the Patient:

Send the welcome Letter & Access Sheet: available under **Toolkit 2**

3. Encourage engagement:

Inform the patient that the programme includes a certificate of completion.

Encourage them to complete the modules in their own time, and check in during follow-up or review sessions

How do Patients Access TPS?

Patients will access TPS via a secure member login (details provided in the Patient Access Sheet). Staff are not required to manage passwords or technical access - all platforms are managed directly by TPS. Your role is simply to introduce the programme, provide the handout and link, and encourage engagement.

TPS is designed to complement the excellent care you already provide, making recovery support accessible anytime, anywhere.